# STANWOOD-CAMANO KMCA AQUATICS 

## Swim Lesson Opportunities:

Adäptive Aqutatics Group Lessons

## Grôup Swim Lessons

Private Swim Lessons
Barracudas Swim Team


REGISTER TODAY AT: YMCA-SNOCO.ORG

## STANWOOD-CAMANO YMCA SWIM LESSONS

Session 1: January 3 - January 27 (no class 1/15)

| SWIM STARTERS (6-36 MONTHS OLD ) | MON/WED | TUES/THURS | FRI | SAT |
| :---: | :---: | :---: | :---: | :---: |
| Stage A \& B <br> Supervising individual required in the water | $\begin{gathered} \text { 12:10 PM } \\ \text { 6:05 PM } \end{gathered}$ | 6:05 PM |  | $\begin{gathered} 9: 20 \text { AM } \\ \text { 10:40 AM } \end{gathered}$ |
| SWIM BASICS (3-5 YEARS OLD) | MON/WED | TUES/THURS | FRI | SAT |
| Stage 1 | $\begin{gathered} 11 \mathrm{AM} \\ \text { 4:50 PM } \quad 6: 05 \mathrm{PM} \end{gathered}$ | $\begin{aligned} & \text { 4:15 PM } \\ & \text { 5:30 PM } \end{aligned}$ |  | $\begin{aligned} & \text { 9:20 AM } \\ & \text { 11:20 AM } \end{aligned}$ |
| Stage 2 | $\begin{aligned} & \text { 11:35 AM } \\ & 5: 30 \mathrm{PM} \end{aligned}$ | $\begin{aligned} & \text { 4:15 PM } \\ & \text { 5:30 PM } \end{aligned}$ |  | 9:20 AM |
| Stage 3 | 4:15 PM |  |  | 11:20 AM |
| Stage 4 | 4:15 PM |  |  | 11:20 AM |
| SWIM STROKES (6-12 YEARS OLD) | MON/WED | TUES/THURS | FRI | SAT |
| Stage 1 | $\begin{aligned} & \text { 4:15 PM } \\ & \text { 5:30 PM } \end{aligned}$ | $\begin{aligned} & \text { 4:50 PM } \\ & \text { 6:05 PM } \end{aligned}$ | 4 PM | 10 AM |
| Stage 2 | $\begin{aligned} & \text { 4:15 PM } \\ & \text { 5:30 PM } \end{aligned}$ | 4:50 PM | 4:30 PM | 10 AM |
| Stage 3 | $\begin{aligned} & \text { 4:10 PM } \\ & \text { 5:30 PM } \end{aligned}$ | 4:50 PM | 5 PM | 10 AM |
| Stage 4 | 4:50 PM | 5:30 PM |  | 10:40 AM |
| Stage 5 | 4:50 PM | 5:30 PM |  | 10:40 AM |
| Stage 6 (45 min) | 4:40 PM | 4:40 PM |  | 11:15 AM |
| PRE-COMPETITION SWIMMING | MON/WED | TUES/THURS | FRI | SAT |
| Aquatic Conditioning (45 min) | 4:40 PM | 4:40 PM |  | 11:15 AM |
| TEEN \& ADULT (13-99 YEARS OLD) | MON/WED | TUES/THURS | FRI | SAT |
| Beginner or Advanced | 6:35 PM beginner | 4:05 PM advanced |  | 8:45 AM beginner |
| ADAPTIVE AQUIATICS | MON/WED | TUES/THURS | FRI | SAT |
| Beginner \& Intermediate <br> Supervising individual required in the water |  |  |  | 8:30 AM |

## GROUP LESSON PRICING

| Lesson Length | Session Days | Number of Lessons | Lesson Fee |
| :---: | :---: | :---: | :---: |
| 30 Minute lessons | Fri \& Sat | 4 | $\$ 55 \mathrm{FM} \mid \$ 82.50 \mathrm{CM}$ |
| 30 Minute lessons | Sat - Adaptive Aquiatics | 4 | $\$ 30 \mathrm{FM} \mid \$ 42.50 \mathrm{CM}$ |
| 30 Minute lessons | Mon/Wed (no class Jan 15) | 6 | $\$ 82.50 \mathrm{FM} \mid \$ 124 \mathrm{CM}$ |
| 30 Minute lessons | Tue/Thur | 7 | $\$ 96.25 \mathrm{FM} \mid \$ 144.50 \mathrm{CM}$ |
| 45 Minute lessons | Sat | 4 | $\$ 82.50 \mathrm{FM} \mid \$ 124 \mathrm{CM}$ |
| 45 Minute lessons | Mon/Wed (no class Jan 15) | 6 | $\$ 124 \mathrm{FM} \mid \$ 185.75 \mathrm{CM}$ |

## UPCOMING SESSIONS

Session 2: January 29 - February 24
Registration opens for Current Students 1/13
Registration opens to Everyone 1/17

School District Disclaimer:
The Stanwood-Camano School District has neither reviewed nor approved the program, personnel, activities or organizations announced in this flier, and undertakes no responsibility to supervise these events. This information is provided as a community service at the request of the event sponsor and organizer. This is not a district sponsored or endorsed event.

